Think before you post! Content posted online can be there forever. You can put it up, but you can't necessarily take it down.

Be considerate—only send the kind of messages and photos you would be happy to receive.

Remember that sexting can be illegal, so never share naked images of yourself or forward images you have received.

Say no if someone asks you to do something—like take or pass on a photo—that makes you feel uncomfortable.

Don't be embarrassed—talk to a trusted adult if someone pressures you to do something that makes you feel uncomfortable or sends you content that worries you.

Stay aware of what's going on around you and guard your privacy. Remember, if you can take pictures of everything and everyone with your phone, so can others ... and you may not want to be the subject of their photos!

If you have sent an image or message that you regret, seek advice from a trusted adult.

Confidential guidance and advice can also be found at the Cybersmart Online Helpline on the Cybersmart website or call Kids Helpline direct on 1800 55 1800.

If you would like to talk to us in your own language, please call the Telephone Interpreter Service on 131 450.

Italian Italiano
Se desiderate parlare con noi in italiano, siete preposti di chiamare il servizio d'interpretariato telefonico (Telephone Interpreter Service) al numero 131 450 o loro c'ì contatteranno per voi.

Vietnamese Tiếng Việt
Nếu quý vị muốn nói chuyện với chúng tôi bằng tiếng Việt, xin đi đến Thình Dịch Dịch vụ Điện thoại Dịch vụ Điện thoại (TIS) ở số 131 450 và họ sẽ giúp quý vị liên lạc với chúng tôi.

Greek Ελληνικά
Αν θέλετε να μας μιλήσετε στη γλώσσα σας, παρακαλείστε να τηλεφωνήσετε στην Τηλεφωνική Υπηρεσία Διερμηνεύων στο 131 450 και να ζητήσετε να επικοινωνήσουν μαζί μας εκ μέρους σας.

Arabic العربية
إذا كنت تتذكرون التحدث إلىانا باللغة العربية، فيرجى الاتصال بخدمة الترجمة الفورية الخاصة بالرقم 131 450 حيث يقوم مترجم من الخدمة بالإتصال بنا ونلتقط التحدث الرياضية.

Traditional Chinese 繁體中文
如果您希望用您的語言和我們傾談，請致電131 450 電話傳譯員服務（Telephone Interpreter Service），他們會替您和我們聯絡。

For more information contact:
Australian Communications and Media Authority
Cybersmart program
Cybersafety Contact Centre
Telephone: 1600 880 176
Email: cybersmart@acma.gov.au
www.cybersmart.gov.au
Sexting refers to the sending of provocative or sexual photos, messages or videos, generally using a mobile phone. It can also include posting this type of material online.

While sharing suggestive images or text messages may seem like innocent flirting or be amusing for many young people, sexting can have serious social and legal consequences.

Young people sometimes willingly share images of themselves, naked. However, sexting can also happen in response to peer pressure.

Sexting can have unforeseen consequences. For example, a 15 year old girl takes a topless photo of herself and sends it to her boyfriend’s mobile phone, at his request. After their relationship ends, the boy posts the photo with unflattering comments on a social networking site for friends to see.

Images taken without the person’s knowledge or consent and forwarded on to others can also be considered sexting.

LEGAL IMPLICATIONS

Sexting has legal implications which should be taken seriously. Under Australian law, young people may be committing a crime when taking, receiving or forwarding sexual images of themselves or friends who are minors. This applies even if all participants are willing.

These acts can represent the production or distribution of child pornography.

SOCIAL IMPLICATIONS

Once images and messages are sent they can often spread rapidly. If images are posted online it can almost be impossible to remove them or to control access to them.

As a result, sexting can cause embarrassment both now and in the future. Family, friends, future partners

TIPS FOR PARENTS

- Warn your child about the social and legal consequences of sexting.
- Remind them to think before they act—taking or sending sexual images, even of themselves, has social implications and may be illegal.
- Remind your child to delete any sexual content they receive from others and to avoid forwarding this type of content.
- Remind your child to consider the feelings of others when distributing any content by mobile phone or online.
- Learn how to use your child’s mobile phone and talk with them about what they can and can’t do with it.
- If you are concerned that a sexting incident may be a criminal matter, contact your local police.